

Everyday Morning 6AM-7AM : Morning Meditation
 Tuesday 7PM-9PM : Meditation Service
 Wednesday 7PM-9PM : Mind Study Group
 Friday Bi-weekly 7PM-9PM : Scripture Study Group
 Saturday 10AM-12PM : Dharma Service
 Sunday 11AM-12PM : Dharma Service for Korean Congregation

* Everyone is welcome!

MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Scripture study Group	2 Half Day Retreat Talk by Rev. Grace Song
3	4	5 Moving Meditation	6 Mind study Group	7	8	9 Talk by Rev. John Gilmore
10	11	12 Dharma Discussion	13 Mind study Group	14	15 Scripture study Group	16 Talk by Rev. Inso Kim
17	18	19 Talk by Dr. Joe	20 Mind study Group	21	22	23 Talk by Rev. Shino Kang
24	25	26 Talk by Rev. Insun Park	27 Mind study Group	28	29 Scripture study Group	30 Talk by Rev. Dr. Ha
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MARCH NEWSLETTER

Upon attaining enlightenment, the Founding Master expressed his state of mind in a verse:

When the moon rises while a fresh breeze blows,
 The myriad forms become naturally clear.

*-The scripture of the Founding Master
 Chapter 7 The Principle of the Nature verse 1.*



March Newsletter

Won Buddhist Temple of Philadelphia



Dharma Arts coming April
30th!

Be A part of the wonder and Awe!
Bring poetry, spoken word, music,
dance or other art forms. Help oth-
ers to experience moments of De-
light!



Meet our Members: Dr Barry Bell



Dharma Arts , at the Won Buddhist Temple of Philadelphia, began under the guidance of Reverend Jo. The notion of Dharma Art started for me, in 1971, when I began my training in modern dance. Al Huang, then introduced me to Tai Chi in modern dance. My absorption in the traditions of Buddhist arts such as calligraphy, poetry (Haiku), pottery and dance, these Dharma Arts, presented the occasion for the immediate manifestation of my "Buddha Nature" and a spontaneous experience of WONDER---AWE. In this moment, there is a possibility for a sudden awakening to delight and wonder. This is the idea of our Dharma Arts.

Recent topics of Dharma Talk

- The importance of asking questions/self-inquiry
- Owning your voice/your words
- Living in the Now
- Dharma discussion topic "Using our Mind well" (March 12th)

This month dharma discussion topic will be "discuss #2 item of heedfulness"
" 2. Before engaging in an application, be heedful to study for it in advance by observing the circumstances of the application."